

WHY WRITE THE BIBLE?

Have you ever opened your Bible and thought “Where do I start?” We have!

We always struggled to be consistent in our Bible reading and, by talking to others, found that we were definitely not alone. After Bryony heard the author Lara Casey speak about the power of ‘Writing the Word’, she decided to give it a go.

There are so many benefits to writing by hand. It helps you retain information more easily, it engages your brain in a more active and full way and it often sparks creativity.

We know now that writing the Bible is powerful stuff. There’s something about seeing God’s Word written in our own handwriting that can speak more powerfully to us than just by reading it. It doesn’t have to be perfect and the results don’t have to look pretty. You can do it first thing in the morning, last thing at night or while you’re waiting for your tea to brew!

We are now reading and writing the Bible nearly every day, not because we are super holy or disciplined but simply because we are doing something simple! And it’s changing us.

Why not give it a go?

WHERE DO I START?

In our journals, each day starts with **Thanksgiving**. This is an opportunity to note down the things we are thankful to God for; they might be as small as a hot cup of coffee or as big as an answer to a prayer you’ve been praying for months.

Next we grab our Bibles (any translation will do), find the passage and **Write the Word**.

Then we take some time to **Reflect** on what we’ve written. We highlight words that stand out to us, ask the question “What does this show me about the Holy Spirit?” and often finish by thanking God for His Word.

Finally, we **Respond**. Sometimes this looks like us writing a prayer, or making a note of an action we want to take as a result of what we’ve read, or heard God say.

This practice can grow as much as you like; there is no blue-print so feel free to be flexible and get creative!

40 Days with Jesus

ROOTED
Daily Journal Co.

BIBLE WRITING PLAN

Lent reflects Jesus' temptation in the wilderness for 40 days and was traditionally a period of preparation before new believers were baptised on Easter Day. All over the world people still observe Lent as a time to focus on Jesus' journey to the cross. Many choose to give up certain pleasures so that they can embrace suffering and focus their hearts and minds.

This Bible Writing Plan looks at the life of Jesus through each of the gospels (Matthew, Mark, Luke and John) and the writings of Paul, before tracking Jesus' movements during the week leading up to his death.

Day 1 Isaiah 9:6	Day 17 Mark 8:27-30	Day 33 Rest and reflect
Day 2 Isaiah 9:7	Day 18 Mark 9:30-32	Day 34 Romans 10:8-10
Day 3 Luke 2:8-11	Day 19 Rest and reflect	Day 35 Colossians 1:15-17
Day 4 Matthew 1:22-23	Day 20 Luke 2:27-32	Day 36 Colossians 1:18-20
Day 5 Rest and reflect	Day 21 Luke 5:22-25	Day 37 Philippians 2:6-8
Day 6 Matthew 3:13-17 (write out v13-15)	Day 22 Luke 10:38-42 (write out v40-42)	Day 38 Philippians 2:9-11
Day 7 Matthew 7:28-29	Day 23 Luke 17:11-19 (write out v15-19)	Day 39 Romans 1:5-6
Day 8 Matthew 12:9-13 (write out v11-13)	Day 24 Luke 18:18-30 (write out v20-23)	Day 40 Rest and reflect
Day 9 Matthew 13:31-32	Day 25 Luke 19:1-10 (write out v7-10)	Day 41 Mark 11:8-10
Day 10 Matthew 14:28-33	Day 26 Rest and reflect	Day 42 Mark 14:22-25
Day 11 Matthew 16:16-18	Day 27 John 2:1-11 (write out v9-11)	Day 43 Matthew 26:37-39
Day 12 Rest and reflect	Day 28 John 6:1-14 (write out v11-14)	Day 44 John 18:37-39
Day 13 Mark 1:12-13	Day 29 John 6:66-69	Day 45 John 19:29-30
Day 14 Mark 1:16-18	Day 30 John 10:11-15	Day 46 John 19:38-42 (write out v40-42)
Day 15 Mark 2:16-17	Day 31 John 11:1-35 (write out v32-35)	Day 47 John 20:15-17
Day 16 Mark 5:21-43 (write out v39-42)	Day 32 John 13:1-30 (write out v14-16)	